# Water Activities 2024

# **Essential Info**

#### What to wear/bring

Unless stated otherwise in the event info, Scouts should wear/bring the following:

- ✓ Group polo shirt
- ✓ Fleeces and warm layers
- Shorts or tracksuit bottoms
- Old trainers or water shoes
- ✓ Waterproofs if it's raining
- ✓ Hat and sun cream if it's sunny
- ✓ Complete change of clothes and towel
- Thick cotton hoodies
- Denim jeans
- ✗ Flip-flops, crocs or wellies

If your Scout has an inhaler/epi-pen they must bring it with them and hand it to a leader at the beginning of the session.

Scouts <u>must</u> have a towel and complete change of clothes with them for the duration of the session.

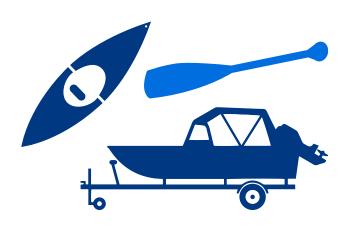
#### Where to meet

For most sessions we meet by the river at the Sadlers Ride car park. Sometimes we might meet elsewhere or alter session times, so please keep an eye on the details in emails.

You must drop-off at your allocated time and pick up promptly. It is really important you let us know in advance if your child cannot attend a session we are expecting them at.

# Code of conduct

We have very clear expectations for behaviour on the water. Our young people are fortunate to have opportunities to go afloat and those that do not behave appropriately will not be invited to join future sessions.



#### **Emergency info**

#### Young people are not permitted to take part in activities until a parent/guardian has logged on to the Parent Portal and:

- Confirmed swimming ability. Some children are not as confident in the water this is not an issue but we do need to be aware.
- Checked contact and medical details are up to date (and clicked the confirmation button).

# **River/weather conditions**

Sessions may be cancelled at <u>very</u> short notice due to a sudden change in conditions that would make activities unsafe.

We may be meeting at the Hut or elsewhere instead, so please check your email before you leave.

# Leptospirosis and water quality

We take part in weekly water quality testing with other users of the river in Molesey (including school rowing clubs).

Although we've never had a problem, please be aware of the symptoms of leptospirosis (<u>nhs.uk/conditions/leptospirosis</u>).

